



# When We Honor Someone Else's Dignity, We Strengthen Our Own

Claremont believes in the work of Donna Hicks, PhD. Here's how to honor the dignity of everyone:

- **Acceptance of Identity** – interact with others without prejudice or bias
- **Recognition** – validate others, be generous with praise
- **Acknowledgement** – give people your full attention
- **Inclusion** – make others feel that they belong
- **Safety** – put people at ease physically and emotionally
- **Fairness** – treat people justly, with equality
- **Independence** – employ people to act on their own behalf with a sense of control, hope and possibility
- **Understanding** – prioritize active listening
- **Benefit of the Doubt** – treat people as trustworthy
- **Accountability** – take responsibility for your actions

**Claremont EAP provides free and confidential counseling, legal and financial consultations and work/life referrals.**

**800-834-3773**

**www.claremonteap.com**

**positivitycenter.org**

For more information about dignity, watch Dr. Hicks's Ted Talk:

<https://www.youtube.com/watch?v=GPF7QspiLqM>